Introduction

There is growing evidence that CB1 receptor antagonists may be useful for the treatment of attention deficit / hyperactivity disorder (AD/HD).

We investigated the effects of the novel CB1 receptor antagonist, surinabant (SR147778), in several experimental situations that have been claimed to model certain aspects of the AD/HD pathology: spontaneous hyperactivity in mice, delayed choice paradigm for impulsivity, and distractibility for attention deficit in rats. An EcoG profile was performed to compare the effects of surinabant on electrocortical activity with that of the psychostimulants, amphetamine and methylphenidate.

Material and Methods

Spontaneous hyperactivity in BALB/c mice

In a preliminary experiment, BALB/c mice (Iffa Credo, Les Oncins, France) were found to be still active after 2 hours of habituation (see the comparison with the other strains tested: C57BL/6, NMRI, DBA/2) [Fig.1A].

BALB/c mice, weighing 16-20 g the day of testing, were individually placed into activity cages (20 cm diameter) equipped with two perpendicular photobeams, for a 1-hour period of habituation. Mice were then injected with the tested drug, put back into the activity cages and the number of interrupted photocell beams was measured during 1 hour. The effect of the compounds on muscle tone was also evaluated using a traction test: the mouse was suspended by the forepaw to an horizontal wire. The test was successfully accomplished when the hind paws touched the wire bar within 10 sec.

Data were analyzed with a Kruskal-Wallis test.

Delayed choice paradigm in a T-maze in rats

Male Wistar Rats (CERJ, France), 4 weeks old on their arrival, were housed 3-5 per cage. Tap water was provided ad libitum, food ration was 18-22 g per day and per animal.

The T-maze [Fig. 2] is constructed from grey plastic tubing consisting of a starting runway and two arms each leading to a rectangular goal-box, one provided with the large reward (10 pellets, 45 mg Precision Foods pellets), and the other with the small reward (2 pellets). After being introduced into the starting runway, the rat reached the choice area. If the animal selected the arm leading to the large delayed reward (LDR), it was detained in this arm for a fixed duration (waiting delay = 25, 35, 45, 55, 65, 90 or 120 sec, depending on each rat) before having access to the goal-box, if the animal selected the arm leading to the small reward (SIR), it had immediately access to the goal-box. Drug testing began when an animal selected the LDR on 0, 1 or 2 trials (out of 5) during one session and on 1 or 3 trial at the following session (control values, C1 and C2).

Surinabant (dissolved in Tween80 + distilled water) or vehicle was injected ip, 30 min before test sessions (test values, T1 and T2). For each group of treatment, a paired Student t test was performed on the number of visits of the LDR arm during test sessions (T1 vs T2) vs control sessions (C1 vs C2).

Spontaneous selective attention disturbance in rats

Adult (160-200 g on arrival) and juvenile (3 weeks old, 45-50 g on arrival) male Wistar Han rats (Charles River, Saint-Aubin-les-Elbeuf, France) were housed individually, or five per cage, respectively.

Experiments were performed during the dark phase. A first juvenile (A) was placed inside the home cage of an adult rat for a first presentation period (P1) of 5 min, and was returned to its home cage for 30 min. At the end of this 30 min inter-period interval, a second juvenile (B, novel) and the already known juvenile A (familiar) were introduced into the adult home cage for a second 5-min period (P2) [Fig. 3]. Duration of investigative behaviour (nosing, sniffing, grooming, close following ) expressed by the adult toward each of the two juveniles A and B Investigation time (IT): IT(A) and IT(B), respectively) was recorded manually by an observer located in an adjacent room, using a video camera. During P2, a novelty discrimination index (NDI) was calculated: NDI = IT(B)/IT(A).

Surinabant and methylphenidate were dissolved in Tween80 + saline and were injected ip, 30 min before P1. One way ANOVA was applied to the NDI.

ECoG profile in rats

Male Sprague Dawley rats (Charles River, France) anesthetized with sodium pentobarbital, were mounted in a stereotaxic apparatus. Cortical electrodes were screwed on the brain over the sensori-motor, the visual cortex and the cerebellum (reference electrode), and then attached to a connector.

After 3 weeks of post-operative recovery, rats were placed in a plexiglass cylinder lights on : 07.00 a.m. to 07.00 p.m.). Recordings were performed from 10.00 a.m. to 04.00 p.m. during 3 consecutive days: control day (D0), drug day (D2), control day (D3).

Analysis of the ECoG signal was performed automatically by means of a computerized system discriminatating between the various sleep phases using spectral frequency analysis (Coherence, Deltamed PARC, France).

Wakefulness is characterized by high voltage electrocortical activity (θ rhythm: 4-8 Hz)

• 4-6.5 Hz labels quiet wakefulness
• 7-8 Hz labels wakefulness accompanied by locomotor activity

Methylphenidate, d-amphetamine or surinabant, dissolved in saline with a drop of Tween80, were administrated i.p., 15 min before recording, on day 2. Vehicle was administrated on day 1 and day 3. The effects of the compounds on the time spent in wakefulness were analyzed over the period. Statistical analysis was carried out using one-way ANOVA applied to each hour, followed by Dunnett's tests (D2 or D3 vs D1).

Conclusion

Together, these findings suggest that the CB1 receptor antagonist surinabant may represent a new therapeutic approach for the treatment of AD/HD, with an efficacy against the three main symptoms of this condition - namely the hyperkinetic syndrome, impulsivity and attention deficit. Furthermore, at high doses, surinabant should be devoid of amphetamine-like side effects, such as agitation.

Results

Figure 1 A SPONTANEOUS LOCOMOTOR ACTIVITY IN DIFFERENT STRAINS OF MICE

BALB/c mice are still active after 2 hours of habituation.

Table 1 HYPERKINETIC SYNDROME

<table>
<thead>
<tr>
<th>Doses (mg/kg, ip)</th>
<th>Locomotor hyperactivity in BALB/c mice</th>
<th>Motor impairment (MED mg/kg)</th>
</tr>
</thead>
<tbody>
<tr>
<td>d-amphetamine</td>
<td>0.5-1</td>
<td>&gt; 1</td>
</tr>
<tr>
<td>Surinabant</td>
<td>3</td>
<td>&gt; 10</td>
</tr>
<tr>
<td>Atomoxetine</td>
<td>10</td>
<td>&gt; 20</td>
</tr>
<tr>
<td>Fluoxetine</td>
<td>2.5-10</td>
<td>&gt; 10</td>
</tr>
<tr>
<td>Diazepam</td>
<td>1-2.4</td>
<td>1</td>
</tr>
</tbody>
</table>

In the T-maze model of impulsivity in rats, surinabant (0.3 mg/kg, ip) increased the number of choices for a large but delayed reward vs. a small immediate one, an effect interpreted as an increased capacity to wait for a reward.

Figure 3 SPONTANEOUS IMPAIRMENT OF SELECTIVE ATTENTION

Surinabant (0.3 mg/kg, ip) impaired spontaneous locomotor hyperactivity of BALB/c mice habituated to their environment [Fig. 1C], an effect shared by low doses of amphetamine (0.5-1 mg/kg) [Fig. 1B] and atomoxetine 10 mg/kg ip [Fig. 1D], but not by fluoxetine [Fig. 1E].

Figure 4 TOLERANCE TO A DELAYED REWARD

In the T-maze model of impulsivity in rats, surinabant (0.3 mg/kg, ip) increased the number of choices for a large but delayed reward vs. a small immediate one, an effect interpreted as an increased capacity to wait for a reward.

Figure 5 ECOG PROFILE: WAKEFULNESS DURATION AFTER D-AMPHETAMINE, METHYLPHENIDATE OR SURINABANT ADMINISTRATION IN ADULT RATS

A high dose of surinabant (10 mg/kg, ip) increased wakefulness duration, without any other ECoG modifications (no increase in the frequency of θ rhythm).

Acknowledgements

The authors wish to thank Stéphanie Hamon, Christian Laufrais, Marie-Christine Barnouin (sanofi-aventis) and Alexandre Herpin (Key-Obs) for their excellent technical skills.