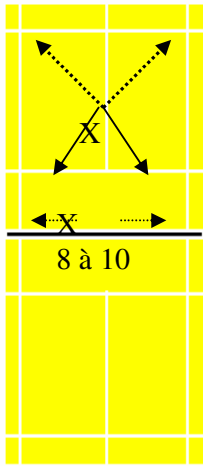
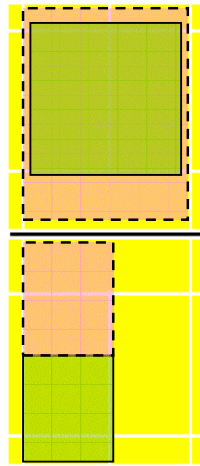


Régularité 2

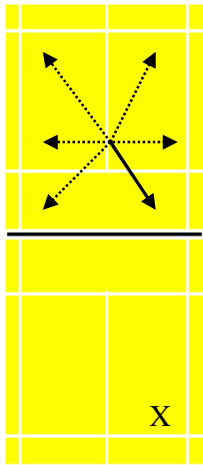


1 Sm / 1 Lob

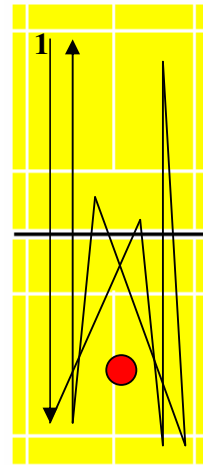


1 joueur qui court

1 joueur en point fixe, devant ou derrière

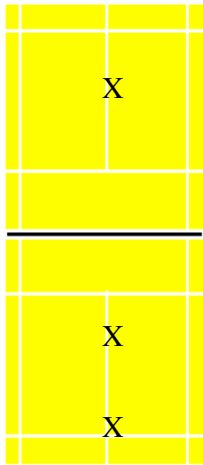


Joue 1 x sur 2 au même endroit



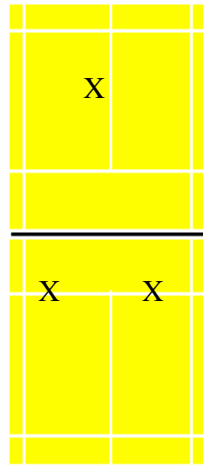
1 Deg dr
1 Lob dr

1 Deg dr
1 Slice cr
Se replacer au centre



Lob

Deg



Slice ou Sm ou Am

1 Lob
1 block

